CASC March LC Open Meet 2024

Session - 4

at Corby International Swimming Pool Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds & Between Finals 60 Seconds

| Sex G B G | Stroke/Distance 400 IM 100 Fr 100 Fl 200 Pc | Type Heats Heats Heats | Competitors 21 105 46 | Heats 3 14 6 | Start 02:00 02:22 02:50 | Total 00:22 00:28 00:13 00:25 | Cumulative 00:22 00:50 01:03 01:28 |
|--------------------|---|--|---|---|--|---|---|
| G | 200 Ba 200 Fr | Heats | 94 | 12 | 03:03 | 00:25 | 01.28 |
| В | 50 FI | Heats | 78 | 10 | 04:10 | 00:14 | 02:24 02:45 |
| | G B G B G B | G 400 IM B 100 Fr G 100 Fl B 200 Ba G 200 Fr | G400 IMHeatsB100 FrHeatsG100 FlHeatsB200 BaHeatsG200 FrHeatsB50 FlHeats | G 400 IM Heats 21 B 100 Fr Heats 105 G 100 Fl Heats 46 B 200 Ba Heats 44 G 200 Fr Heats 94 B 50 Fl Heats 78 | G 400 IM Heats 21 3 B 100 Fr Heats 105 14 G 100 Fl Heats 46 6 B 200 Ba Heats 44 6 G 200 Fr Heats 94 12 B 50 Fl Heats 78 10 | G400 IMHeats21302:00B100 FrHeats1051402:22G100 FlHeats46602:50B200 BaHeats44603:03G200 FrHeats941203:28B50 FlHeats781004:10 | G400 IMHeats21302:0000:22B100 FrHeats1051402:2200:28G100 FlHeats46602:5000:13B200 BaHeats44603:0300:25G200 FrHeats941203:2800:43B50 FlHeats781004:1000:14 |

Estimated Session Finish Time 04:45